



Clinical Specialty

Preliminary Round

- Purpose** To provide HOSA members with an opportunity to develop and demonstrate knowledge and skills in a selected health profession.
- Description** This Preliminary event will consist of the development of a career portfolio. The career portfolio will be created by the competitor to show career understanding.
- Rules and Procedures**
1. Competitors in this event must be active members of HOSA-Future Health Professionals, in good standing in the division in which they are registered to compete (Middle School, Secondary or Postsecondary/Collegiate).
 2. Competitors must be familiar with and adhere to the "General Rules and Regulations of the HOSA Competitive Events Program (GRR)."
 3. The competitor will choose a health career that he/she is planning to pursue.
 - *The career must be a health profession with at least one clinical skill that can be learned and demonstrated as part of the HOSA competitive event process.
 - *The skill may not duplicate a skill in an existing Health Professions or Emergency Preparedness event.
 - *The career must be a HEALTH career. For a sample list of health careers, visit the National Consortium for Health Science Education and Explore Health Careers websites.
 - *The career must meet the "Career Selection Requirements" section of these guidelines.
- The Portfolio**
4. The competitor will create an 5 page career portfolio that contains evidence of career research and a work-based learning experience. A .pdf of this portfolio will be sent to Illinois HOSA by the designated deadline.
 5. The competitor's original portfolio
 - a. should be typed or word-processed.
 - b. can be a combination of narrative form and outline style with main concepts and bullet points.

6. The contents of the portfolio MUST be as follows:
 - a. Page 1- **Cover Page** Cover includes event name, career title, division, competitor's name, school and state/country; and is neatly presented. (A creative design or pictures may be used but will not affect the score.)
 - b. Page 2- **Career Summary** Provides career information that is complete, clear, and comprehensive – to include a description of the career, job duties, and employment characteristics.
 - c. Page 3- **Education, Training, Credentialing Professional Association, and Career-related Data and Statistics** Information about educational requirements and options, credentialing requirements and related professional associations. Referenced data related to occupational outlook, employment statistics, and other career-related data.
 - d. Page 4- **Timeline** – Include a timeline of the project including planning and future activities.
 - e. Page 5- **Reference Page** (maximum of 1 page) Use the HOSA Style Sheet included in these guidelines for instructions on how to properly cite all the resources used in the development of this portfolio.

7. Competitors will submit a pdf of the portfolio to Illinois HOSA via email at illinoishosa32+clinicalspecialty@gmail.com



HOSA Style Sheet, Adapted from APA style

EVERY REQUIREMENT MUST BE FOLLOWED TO RECEIVE CREDIT

This style sheet is designed to make it easier for HOSA members in events that require APA formatting and references. Since the American Psychological Association (APA) is the most commonly used resource in the health sciences, this information is modified from the APA style. More information may be found at <https://owl.english.purdue.edu/owl/resource/560/01/>.

Written Paper Guidelines

1. Type your paper on 8.5 x 11 inch white paper, stapled in the upper left corner, double spaced, with 1" margins on all sides.
2. Do NOT use bold face anywhere on the paper, EXCEPT on the title on the cover page, and be sure your paper is in Arial, 12 pt. font.
3. For events that require it, create a cover page with the event name, title of the paper/project, competitor name, chapter name, division, school and state in the center of the page.
4. Create a running head with the title of the paper/project on the upper left-hand corner, ½ inch from the top and flush with the left margin. This running head must also number all pages consecutively on the upper right-hand corner, flush with the right margin.
5. Abstracts are NOT necessary in HOSA competitive events.
6. Place the parenthetical reference at the end of the sentence but before the final period, using author's last name and year of publication. For example, "...in the hospital" (Belkin, 2003). For anonymous authors, the shortened version of the title replaces the author's last name in the text citation. For example, "...in a rainy day" (Meteorologist, 2012). For personal interviews or emails, cite in-text only (S. Smith, personal communication, August 15, 2014), not on your references page.

Reference Guidelines

Your ONE PAGE 'References' title should be centered and sources alphabetized by the author's last name, first initial from the left margin. References should be single spaced and hanging indents should be used for sources requiring multiple lines. Alphabetize anonymous authors according to the first main word in the title. See examples below:

Book by Two or More Authors

Wischnitzer, S., & Wischnitzer, E. (2005). *Top 100 health care careers: Your complete guidebook to training and jobs in allied health, nursing, medicine, and more (2nd ed.)*. Indianapolis, IN: Jist Publishing.

Format of On-Line Entries*

Author or editor last name, first initial. (year, month date posted). Article or web page title. *Book, journal or website title*. Printed version information or volume (issue number), pages if applicable. Retrieved from <DOI or http information>.

Example: Web Site (Professional)

ESPN.com. (1999, Nov 10). *ESPN Internet Ventures*. Retrieved from <http://espn.go.com>.

Example: Article from a Professional Journal Online

Sitzler, B. (2015). Taking helmets off: To decrease risk. *NATA News*, 27(10), 12-14. Retrieved from <http://digital.ipcprintservices.com/publication/?i=&p=&l=&m=14775&l=1&ver=&pp>.

***Note:** If you do not have a section of information for an Internet reference, move up the URL or to the home page to find it. If it is not there, just skip it and move to the next piece of information. If there is no date listed, use (n.d.). Be sure you gather as much information possible for the above format.

CLINICAL SPECIALTY CAREER SELECTION GUIDELINES

HOSA members may choose **ANY HEALTH CAREER** for this event. Competitors must be sure that the career chosen is a health or medical career. For example, careers such as firefighter, flight attendant and special education teacher are not classified as health careers.

The career must be one for which all components of the portfolio can be completed, to include but not limited to: the existence of a professional association, interview and work-based learning opportunity with someone in the chosen career, and career-related data and statistics.

Competitors should be sure to choose a specific "Health Career" and not an area of specialty. For example, "Medical Examiner" is a health career, "Forensics" is not. Sample health careers can be found online at the [National Consortium for Health Science Education](#) and [Explore Health Careers](#) websites.

SKILL SELECTION GUIDELINES

The career must be a health profession with at least one clinical skill that can be learned and demonstrated as part of the HOSA competitive event process. The skill may not duplicate a skill in an existing Health Professions or Emergency Preparedness event. The following skills are in other events and **NOT ALLOWED** for this event:

Skills in Biomedical Laboratory Science	
• Identification of laboratory equipment	• Infection control and transmission-based precautions
• Inoculate and streak an agar plate	• Using a microscope
• Preparing a Laboratory Solution	• Perform a gram stain
• ABO Grouping	
Skills in CERT Skills	
• Treating life-threatening conditions	• Triage
• Head-to-toe assessment	• Lifts and carries
• Splinting a Closed Fracture	
Skills in Clinical Nursing	
• Administer medication intramuscular	• Administer medication subcutaneous
• Measuring oxygen saturation	• Applying a Nasal Cannula or Oxygen Mask
• Urethral catheterization – Straight	• Discontinue a peripheral IV
Skills in CPR/First Aid and Life Support Skills	
• Severe Bleeding and Shock	• Broken Bone/Sprain and Splinting
• Severe Burns	• Heat-Related Emergency
• Choking	• Adult BLS/CPR
• Two-rescuer Adult BLS and AED	• Two Rescuer Adult BLS
• Infant CPR	
Skills in Dental Science	
• Preparing the dental treatment room, including anesthetic syringe	• Seating the dental patient
• Dismissing the dental patient	• Patient education: Brushing and flossing
• Pouring an Alginate Impression with Plaster – Single Pour	• Identify instruments
• Treating contaminated tray in the sterilization center	

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Preliminary Round

Section: _____

Level: _____ MS _____ SS _____ PS/C

Team #: _____

Judge's Signature: _____

Items Evaluated	Points Possible Superior-----Poor	Points Awarded
A: Points for following guidelines <input type="checkbox"/> Portfolio submitted to Illinois HOSA <input type="checkbox"/> Portfolio does not exceed 9 single-sided pages, word processed, and submitted in English	10 0	
B: Portfolio Cover Page (Page 1) includes event name, career title, division, competitor's name, school and state— neatly formatted and error free	5 4 3 2 1 0	
Career Summary Content (Page 2)	10 8 6 4 2 0	
Education, Training, Professional Association and Career Data Content (Page 3)	10 8 6 4 2 0	
Timeline (Page 4)	5 4 3 2 1 0	
Reference Page (page 5) follows APA format	5 4 3 2 1 0	
TOTAL POINTS	45 0	